Note: this agenda is to provide an example of the online course timetable. The dates and times will be confirmed for each individual course.

Course	Commit2Fit Course Online. AGENDA EXAMPLE.
Dates	Dates to be confirmed for each course
Location	**ONLINE**

Time	**Week 1**						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Live Online Course Introduction How the course is run & intro to Talent LMS **MANDATORY** 1 hour **13:30 to 14:30**	Foundation Webinar and Online Learning Videos and Documents QLFT and QNFT Materials **Self-Study** **Candidate to book at least 3 hours per day to read the material/documents and watch the videos that will be provided during the course**			**SELF-STUDY TIME**	Knowledge Assessment Open Candidate: can choose to do the exam anytime from Friday midday until Monday midday MANDATORY	
PM					Knowledge Assessment Opens at midday		

Time	**Week 2**						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Knowledge Assessment closes at midday	SELF-STUDY: Review Depth of Knowledge: Slides and video recording from live session	SELF-STUDY: Review QLFT slides, training videos and video recording from live session	SELF-STUDY: Review QNFT slides, training videos and video recording from live session	**SELF-STUDY TIME**	Theory Exam open Candidate: can choose to do the exam anytime from Friday midday until Monday midday After the 'Theory Exam', candidate MUST complete through TALENT LMS (ONLINE) the 'Practical Assessment Questionnaire' MANDATORY	
PM	Live Online Workshop Depth of Knowledge **MANDATORY** 2 hours **13:30 to 15:30**	Live Online Practical Demonstration Qualitative Fit Test Method QLFT **MANDATORY** 2.5 hours **13:30 to 16:00**	Live Online Practical Demonstration Quantitative Fit Test Method QNFT **MANDATORY** 2.5 hours **13:30 to 16:00**	Live Online Q&A Session Competency Checklist Review **MANTATORY** 2 hours **13:30 to 15:30**	Theory Exam Opens at midday		

Time	**Week 3**						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	Theory Exam Closes at midday	**Begin Booking Practical Assessments** **Practical Assessment** to be completed **within 3 months** of theory exam **Mentoring** available within **2 months** of theory exam			Last day to review and download material from Talent LMS.	Ongoing Booking Practical Assessments	
PM							