

NZOHS Advanced Practice Short Course (APSC)

Interdisciplinary Approach to Biological Exposure Monitoring and Health Monitoring

Date: Wednesday 5 November 2025

Time: 12:30–16:30 NZT | Online via Microsoft Teams

Hosted by: New Zealand Occupational Hygiene Society (NZOHS)

Complex Risks Require Holistic Solutions

Workplaces are facing more complex health risks than ever before. Protecting workers is too big of a job for just one person. It takes the combined effort of businesses, occupational hygienists, occupational health nurses, and occupational physicians to ensure workers' health is protected and managed effectively in the workplace. This advanced short course gives you the knowledge and tools to holistically approach biological exposure monitoring and health monitoring.

Learn Skills to Apply in Your Workplace

By attending, you will:

- Master the essentials: Understand the difference between biological exposure monitoring and health monitoring, and how they work together.
- Apply best practice: Use legislative frameworks, BEIs, and guidelines to design and interpret monitoring programmes.
- Sharpen your judgement: Practise reading and responding to real-world biological exposure monitoring and health monitoring results.
- Learn from all sides: Discover how businesses, occupational hygienists, occupational health nurses, and occupational physicians each approach monitoring and how collaboration makes the biggest difference.
- Walk away with tools: A practical resource pack including checklists, templates, and calculation guides you can apply immediately in your work.

A rare opportunity to learn from four experts in one course

This course brings together four professionals with complementary expertise, giving you a truly interdisciplinary learning experience:



**Kerry Cheung – Certified
Occupational Hygienist (COH)®,
WorkSafe New Zealand**



**Dr Berni Cameron
Occupational Health Nurse,
Edith Cowan University**



**Dr Mary Obele – Specialist in
Occupational and
Environmental Medicine**



**Bridgette Jennings – Group
Occupational Hygiene Lead,
Fletcher Building**

📌 Register now and take your practice to the next level! Cost \$225+ GST